

There is a Plan

Transformation at all levels: Individual > Family > Community > National > International > Global

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Executive Summary

We have a problem — a really **BIG** problem!

We live in an unwisely governed and unstable world. The proof of this is on display all around us as a multitude of failures. Our world is the product of many generations of leadership who have *eschewed* the higher universal wisdom and purpose of sustainable processes that lead to stability. The reasons for this neglect are widely covered in other parts of this website, and therefore will not be covered in this summary.

- **Stability** is the ultimate goal. It is the combined and settled result of all the successfully applied sustainable processes.
- **Sustainability** is a transient process, composed of numerous steps and approaches designed to create stability through applied wisdom.
- **Light & Life** is participatory sustainability applied on a global scale.
- **Settled in Light & Life** is the permanent realization of global stability.

In the broadest sense, sustainability refers to the ability to maintain or support a process continuously over time. This website uses the term **Light & Life** as a signature phrase for a global approach to the kind of wise collective decisions that can lead to planet wide stability needed to overcome the grave mistakes of the past and present, and to propel us safely forward into a brave new world grounded in love, peace, equality and unity.

A **divided** civilization that lives under the constant threat of war and destruction does not logically make any plans for the distant future while it operates in a defacto **survival mode**. Instead, it uses narrow self-centred intelligence instead of broad wisdom, and that promotes constricted, short-term and unstable goals. This is not healthy for a civilization's longevity. Our civilization, as we currently cultivate and experience it, lives for the present and the past, and does not worry about the future generations. It can be summed up in one word: **unstable**.

A **wise** civilization will cultivate the continual improvement of its collective mental capacity and direct its thoughts more and more into the future while it operates in a cooperative and mutually agreed upon **progressive maintainable mode**, using broad intelligence and collective wisdom that promotes all-inclusive, long-term stabilizing goals. This kind of unity can ensure a civilizations

longevity and indefinite survival. It aims to create a stable civilization on a clean planet, where the balance of man and nature can be maintained for unlimited time; where people live for the future, and expect great things from it; where people are constantly occupied with making the world a better place for everyone to live. This can be summed up in one word: **stable**.

Our [Light & Life Timeline](#) offers a broad, logical, and historical overview of the lateness and overall imbalance of our current civilization, and contrasts this with *what we could be* as a wise and balanced civilization. It provides the essentials for designing a long term plan focused on bringing about the kind of balance which can lead to unity, and ultimately guide us to becoming a stable civilization.

The root of the problem

In the brief coverage above, we have used words like unwise and unstable, narrow, short-term, self-centred, war, lateness and imbalance. These all describe certain aspects of the problem, like the branches of a great tree, but the problem goes deeper, all the way down into the soil. The root of the problem has to do with **free will**, which can also be called — unforced choice. In this case we are referring to the contravention of free will, or **forced choice** on a grand scale!

- Free will is one of the greatest laws of creation, so important it is that not even the Creator will contravene it.
- Free will does not mean license to do anything one wants even to the detriment of others, and consequently;
- Free will exists within certain boundaries, but within these boundaries free will has free expression to the extent that it causes no harm, which means — our individual rights end where another's legitimate rights begin.

The great failure of our world's leadership has been the large scale and persistent contravention of personal free will within its clear and simple boundaries.

Free will and personality are like two sides of a coin. You can't have one without the other, and that unity is what makes it sovereign in its own right. The two cannot be separated. Free will cannot be stripped away or its potency reduced in any way. That is why free will can only be personal. You cannot detach free will from personality and graft it onto an impersonal group or system. There is no such thing as group free will. The popular term "group think" is not the same as free will. True consensus is a collective by-product of free will and can inherit a degree of sovereignty, but it is not free will. Groups are never imbued with free will. Groups can only inherit delegated authority from the sovereign free will individuals that compose it. Sovereignty is covered in [LESSON 4: Sovereignty & Delegation](#).

Continuing with the tree analogy, leaves can fall off, branches can break off, yet the tree can live on and grow more leaves and branches. But, if the roots are cut or pulled out of the soil and exposed to the air, the entire tree will surely die. Roots must be grounded, because they are not designed to live

in the air. Therein lies the source of our civilizational problems. Countless leaders who have uprooted the sovereignty, and trespassed on the free will of individuals — and there is a long list of selfish, misguided, and stupid reasons why they did and continue to do so. The end result is always the same. Some kind of failure, only failure, always failure.

Free will is the one great law that can never be broken or trampled on to produce successful results. The opposite of free will is always failure!

Closely related to free will is the other great law of creation — merit. The subject of merit is covered in [LESSON 8: Design & Merit](#).

It's time for a Planetary Transformation

We need a Planetary Transformation that will propel us out of this:

- **Survival mode** guided by: Deception > Greed > Division > War

and into this:

- **Stable mode** guided by: Maintainable processes > Wisdom > Intelligence > Modelling

A framework grounded in wisdom

A framework for a successful Light & Life transformation strategy begins with 10 broad categories that serve as the foundation for a healthy and flourishing civilization on the path to indefinite survival, and forms the directory for the [Global Library of Wisdom](#) which provides wisdom focused on wholeness and wise processes. These categories are:

1. [Personal Growth](#)
2. [Family](#)
3. [Religion](#)
4. [Language & Education](#)
5. [Culture](#)
6. [Ethics](#)
7. [Governance](#)

8. [Economy & Finance](#)
9. [Race & Biology](#)
10. [Science & Technology](#)

In addition to this unique and curated collection of wisdom, you will also find on this site, an assortment of support material that delves into root causes, and proposals for broad foundational approaches capable of igniting a global scale transformation out of our unstable past and present, and into a wise and ever stabilizing future full of inspired hope and vision.

Why this, why now?

It is disturbing how much of our resources are used for the development of new and terrifying weapons systems that could utterly destroy all of us many times over, yet we still have people uneducated and in want of basic needs — a shameful misuse of unbridled freedom and free-will driven by the profit motive of selfish vested interests — an iron-fist system that has no intention of ever letting go of its stronghold on power.

This must change because:

1. A tiny elitist class living in obscene wealth while billions live in poverty and millions starve and die of easily preventable diseases will not do.
2. A global war machine that consumes, according to some estimates, over of 50% of our planet's energy will not do.
3. A debt driven financial system used for funding both sides of endless corporate mercenary wars, for the purpose of destroying sovereign nations, so that this same cruel system can also greatly profit the elitist class by rebuilding over the rubble of their premeditated wars will not do.
4. All of it is done through widespread and sustained contravention (trespassing) of the free will of billions of otherwise peaceful, honest, family oriented and hard working people, and that absolutely will not do and must stop!

By fixing these 4 fundamental problems, the ecology of our entire global civilization will finally be able to begin finding a healthy, ethical, peaceful, inclusive, life serving, family oriented and wise balance for the benefit of all mankind, both present and future.

If the observation of the multitude of life on this planet has taught us anything, it is that life will always seek out balance if it is given a fair chance. Our rapidly advancing civilization has not yet had this chance to balance and stabilize itself. This is what it needs to do and it needs to do it now.

Who must do it and how?

This page began with these two sentences:

“ We live in an unwisely governed and unstable world. The proof of this is on display all around us as a multitude of failures. Our world is the product of many generations of leadership who have *eschewed* the higher universal wisdom and purpose of sustainable processes that lead to stability.

Our world is unwise and unstable because collectively **We The People** are unwise and unstable. The many generations of failed leadership responsible for the multitude of failures that surrounds us all today, are all rooted in We The People. It is We The People who are the source of all leaders and systems of leadership. Whether wise or foolish, honest or deceitful, good or bad, all leaders originate from the gene pool of We The People. Like it or not, each one of us alive today is part of the biological global collective that we refer to as We The People. And since that is the source of the problem, it is impossible to avoid the reality that We The People **must** also be the solution. It is only through widespread personal spiritual growth that this can be accomplished. Every individual is part of this. Every bit of positive personal growth, no matter how big or how small, by any person on this planet, will contribute to the overall solution.

This is the inescapable reality that we all face because **a civilization is merely the sum of its individual members**. How much we grow as a civilisation is the sum total of how much each one of us grows individually.

Because very few people were raised in fully functioning environments, families, and cultures, we all have a lot of baggage from our early childhood development that makes us less than self-confident and secure. And so, part of the beginning process of this is the inner work that each of us must do to get to a place where we truly believe and can accept, not as an ego or a narcissist or self-centred person, but truly, in humility and grace, accept that you are unconditionally loved just as you are, with no guilt, no shame, and that you are forgiven for all that has transpired in your life, all that you have received, all that you have perpetrated. And that **if you are truly sincere**, you are forgiven, and you can begin this journey.

And it is when you can accept this unconditional love for yourself as an individual, that you can truly begin to reflect it out into the world and so begin this communal healing, and we are here to live that reflection to the best of our abilities as unconditional love for ourselves, for one another, and then as we gather in community clusters all over this world, we begin to see how we can use these values to create a wise and loving society. But the source of this is not just cleverness on humanity's part; it is that you are loved, and you can be this love, and then you can take all this wisdom, all these ideas that we can help plant here, that we can help illuminate; that have been here for a long time, and make it clear how you use that wisdom to live together in a loving and kind way. And that is good for everyone. Humanity begins to look at one another as brothers and sisters in a spiritual sense and treat them like they want to be treated. Then our ideas, blended with wisdom, will have the power to change. The true power is the spirit energy that is within you. That is the real power to make these changes that need to happen here.

Peace needs to come, but there can hardly be peace in a collective sense until there's peace in the individual sense. And then this peace must attract to itself more and more people, and we must put out there an alternative for people to choose a value system based on fairness, respect, honesty, and responsibility — not just within your in-group, but for everyone. How then would you create a society and all the institutions in it? This will take generations, if not centuries. It won't be completed in our lifetime. This is the time and place we are born in. The fact that we can keep our hearts open and feel this incredible pain and suffering and yet move forward with the light of divine love in the midst of it is a tremendous challenge. It's also a tremendous opportunity.

So, this is where we are, this is what we're called to do. We must build alliances across the globe to make this simultaneously happen as a spiritual awakening in many places at one time. This is our challenge. This is our opportunity.

Remember always:

- Every man and woman is born free and deserves to live and die free.
- Everyone is responsible for him or herself, for what we think, and what we do.
- With every right comes a responsibility.
- Our individual rights end where another's rights begin.
- Rights and freedoms that are not exercised are moot.
- When we enslave another, we enslave ourselves.
- We are responsible for directing those we employ.
- If we don't like something, it's up to us to change it.
- If we see an injustice, it's up to us to correct it.
- If we want peace, it's our duty to keep it.
- If we are bogged down, it's our job to climb over or dig under.
- If we cherish our own rights, we must cherish the rights of others.
- If we cherish our own freedom, we must cherish the freedom of others.

(this list was borrowed from: www.annavonreitz.com)

We invite you to join us on this challenging journey, the greatest opportunity for doing good that has ever been available to mankind. May we recommend [A Spiritual Bill of Rights for Humanity](#) as a starting point.

For a deeper look into some of the major problems at play today we also have a [Threat Risk Assessment](#) in our [Risks](#) section.

Truth Beauty and Goodness™



A Celestial Plan for Making Socially Sustainable Decisions

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We Are Here, and We Have a Plan.

Machiventa Melchizedek

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The concern of the Creator, the First Source and Center, is with the individual. Out of billions of inhabited worlds, and trillions of sentient, soul-filled individuals, the Creator's concern is always with his relationship with the individual. And it is always with the individual that we begin. Our concern for society, for civilization is secondary and tertiary. Our primary concern is always with the individual and this is where we start.

Message received by Daniel Raphael, December 17, 2007, Evergreen Colorado Co-Creative Design

Teachers: Machiventa Melchizedek & Sondjah Melchizedek

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We have our secrets, you have your secrets, combine them and make a plan, and the solution is there.

The Khoi San hunter !Nqate Xq Amxebe is quoted as saying, in the book, Africa, Speaking with Earth and Sky, by filmmakers Craig and Damon Foster, New Africa Books, David Phillip Publishers, 2005, p.23

A Collapse Foretold

Never has there been a greater need for a combination of all our secrets, and for a truly workable collaborative plan for humanity's future. Humanity seems to be on a collective collision course, which

may, in our lifetimes, bring about a decimation of our human species, through a combination of man-made and natural catastrophes, including the possibility of nuclear war, famine, fatal epidemic diseases, natural disasters, and climate change.

Among the many texts from diverse sources that suggest alternatives and solutions to our current human predicament, there has emerged, during the last 30 years, thousands of messages transmitted by “unseen celestial teachers” which provide solutions that are far superior to many of those that are emerging from mortal sources.

These celestial teachers have names such as Machiventa and Sondjah Melchizedek, Monjoronson, Uteah, Rayson, Ophelius and Charles, among many others, and their transmitted messages can be found archived on more than 30 websites, including *11:11 Correcting Time*, *Center for Christ Consciousness*, *MagisterialMission.org*, *Teaching Mission Network*, *Soultruth*, *Center for Sacred Studies*, *Truth Beauty and Goodness*, *Daynal Institute*, *BigMacSpeaks*, *Daniel Raphael Google Sites*, *11:11 Progress Group*, *ThereisaPlan*, *7CoreValues*, *Mission Urantia*, and many others.

Most, but not all of the Transmitter/Receivers of these celestial teachings were readers of the Urantia Book, a spiritual, philosophical and religious book that originated in Chicago somewhere between 1924 and 1955, in a co-creative manner, in response to questions supplied by more than one hundred and fifty people.

A Time of Teaching and Correction

This coordinated and consistent celestial contact started in a group in New Zealand and then expanded into the United States, gradually spreading worldwide. The individuals who were contacted reported experiencing verbal or visual input from unseen beings by apparently telepathic means. Most of these contactees were involved in groups studying The Urantia Book, unlike the original group in New Zealand. These various celestial lessons came to be known as the Teaching Mission. The Teaching Mission became highly controversial within the Urantia movement itself, however, as many questioned its authenticity. Nonetheless the celestial contact spread to include other social, religious, and spiritual groups. This planet-wide project then evolved into what is now called the Correcting Time.

The Urantia Revelation

The Urantia Book is an extensive tome of spiritual, philosophic, and scientific concepts purportedly written by celestial authors. Among other things, it describes a vast spiritual planetary administration of created and immortal beings in service to the soul growth of mortal individuals and explains that evolving mortals have been guided, supported, and mentored by eternal spiritual beings for hundreds of thousands of years.

Celestial Teachers

One of the primary teachings of The Urantia Book is that, during the history of humanity on our planet, humans have, at times, been in the presence of immortal spiritual beings. Machiventa Melchizedek and the being we know as Jesus of Nazareth are identified as two such beings, and their teachings represent “epochal revelations,” of which The Urantia Book claims to be the fifth such revelation on earth. It explains that our planet and its inhabitants are being prepared for a further epochal revelation, the coming to earth of a Magisterial Son, who will remain on earth until our planet has reached the settled status of Light and Life, a final evolutionary attainment on a world such as ours.

Although science suspects that “there are over 700 quintillion” planets in the universe, the paucity of our data has led us to consider ourselves a rare and solitary inhabited planet living in the “habitable, sweet spot” of a “Goldilocks” zone in our Milky Way galaxy, and our current religious beliefs support our “Rare Earth” hypothesis. The Teaching Mission materials hold, however, that we are not an orphan planet, but one embedded in an evolving spiritual universe, teeming with life.

Erik Zackrisson, an astrophysicist at Uppsala University in Sweden, found that, given our current understanding of the universe and the laws of physics, there should be 7 times 10²⁰ planets in the universe. That’s 7 followed by 20 zeroes or 70 quintillion.

<https://www.zmescience.com/feature-post/space-astronomy/astronomy-articles/how-many-planets-universe/>

Conscious Contact

The Urantia book further teaches that our human minds are indwelt by a fragment of Divinity, which it refers to as a Thought Adjuster. This Thought Adjuster, which is bestowed by God, or the First Source and Centre of this evolving spiritual universe, acts as a Father to our immortal souls, while our human minds act as a mother. This God-fragment, according to the Urantia Book, comes to indwell our human minds between the ages of five and a half to six years on average, when each individual makes their first moral decision.

We are taught that our souls grow in the measure that we make better decisions by aligning our minds to the guidance of our Indwelling Spirit Fragment, or Thought Adjuster, and that the final stage of spiritual growth happens when the immortal soul fuses with this Indwelling Adjuster.

A Grand, Subtle and Elegant Universe

The outspoken atheist and public intellectual, Richard Dawkins, in his book The God Delusion, sets out to debunk the God concept by insisting that it be used to “denote a supernatural creator that is ‘appropriate for us to worship’”. Nevertheless, in the first chapter of this book, entitled “A deeply religious non-believer,” he quotes cosmologist Carl Sagan, who wrote in the Pale Blue Dot,

“ How is it that hardly any major religion has looked at science and concluded, ‘This is better than we thought! The Universe is much bigger than our prophets said, grander, more subtle, more elegant?’ Instead, they say, ‘No, no, no! My god is a little god, and I want him to stay that way.’ A religion, old or new, that stressed the magnificence of the Universe as revealed by modern science might be able to draw forth reserves of reverence and awe hardly tapped by the conventional faiths.

There Is a Plan

The messages of the celestial teachers remind us that the universe is indeed every bit as grand, subtle, elegant and magnificent as Carl Sagan pointed out, and that unselfish love for others is the template for all spiritual growth. The Plan reminds us, however, that to participate in that magnificent universe, we need to strive to make conscious contact with the Source of that Magnificence which indwells us.

The core message of the celestials is that they are present on earth at this time, and that they have a plan. It is a surprisingly simple plan. Since the God-indwelled human mind and the growth of its eternal soul is of the greatest concern to celestial beings, who are tasked with the nurturance of our eternal souls, they are especially concerned with our daily practice of conscious contact with the Fragment of Divinity that indwells us.

They further remind us that the human family is the smallest unit of planetary sustainability and urge us to pay attention to the design of sustainable families able to nurture, care, and engender the spiritual quality of the souls of children during their formative years. In addition, they suggest a course on planetary management to teach us that future political-economic-societal systems will need to support the sustainability of the human family, if they are to succeed.

“ Families are essential for the continuity of worlds,
and your world is on the brink of extinction, because of this problem.

Sondjah Melchizedek

The celestial teachers suggest that rebuilding sustainable nations will, in the future, require the establishment of Family Learning Centers for Sustainable Nations, alongside schools. They urge humans to use seven minimum social sustainability values for all decision-making, namely life, quality of life, growth, and equality, with love, compassion and empathy, and to do so in co-creative design teams to harness the wisdom of collective decision-making, guided by these minimum social sustainability values.

The plan reminds us that although the risen Christ almost overnight became a religion, Jesus had his own religion, which was to go into his inner room and seek guidance from his Heavenly Father. We are urged to promote a restatement of the teachings of Jesus of Nazareth, proclaiming his messages of love and service, and the fact that the kingdom of God is within us. We are to live the truth of his teachings—to put them into practice—and not simply believe in them. We are reminded that the Way of God is always the way with most love in it, and that the solution to our challenges is to apply love, defined as “the desire to do good to others,” to them.

If humans were to allow themselves daily to be coached from within and use the seven minimum values of social sustainability (life, quality of life, growth and equality, with love, compassion and empathy) for all decisions, we would not have had slavery, *apartheid*, the *Holocaust*, the current catastrophic wars taking place in the Ukraine, Gaza, Myanmar, Sudan, DRC and other places, or the disastrous levels of domestic violence taking place in millions of homes around the world.

The solution to the problems of the world is mastery of our own lower natures by listening to our Divine Inner Guidance, raising compassionate children capable of forming their own loving and caring families, and effective collaboration with others by using the seven social sustainability values in the context of co-creative design teams, as taught by our celestial partners.

Can we afford to inch another step closer to global nuclear disaster, based on our own faulty human decision-making, including revenge and in defence of the borders of “sovereign” nation states? There exists a collaborative celestial/mortal plan for a more sustainable future. Isn’t it worth a few minutes of our time to explore these celestial suggestions for socially sustainable decision-making?

Marthe Muller, Cape Town
15 January 2024

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Marthe Muller Biography

Marthe Muller has been the COO of South African Women in Dialogue (SAWID) since 2010. After completing degrees in Philosophy and Political Philosophy at Stellenbosch University, she left South Africa in 1984 to pursue graduate studies in Women’s History at Sarah Lawrence College, in Bronxville, New York. She only returned to South Africa in 2000, having made a 12-year detour through Colombia, South America, where she worked in documentary film making and wrote, directed and produced an audio-visual course to teach English to Spanish-speakers. She has been involved with SAWID since 2003, primarily in the role of scribe and historian of the efforts of South African women to become the agents of their own development. Her passion is governance for the growth of souls.

Discover more about Marthe's life and her work. Available in English and Spanish.

[Maybe in Heaven](#)

Quiza en el cielo

SAWID 20 - Year Celebration Dialogue

FUTUROS ESPIRITUALES