

# Stimulants

## Ayahuasca plant

### CLASSIFICATION

| R  | P  | O                            | I                            |
|--|--|------------------------------|------------------------------|
| <input checked="" type="checkbox"/> soil | <input checked="" type="checkbox"/> Land | <input type="checkbox"/> Sea | <input type="checkbox"/> AIR |

**SOURCE:** tmtranscripts teamcircuits email archive March 20, 1989.  
Teacher JarEl

Student: My friend and I both ingested a plant called Ayahuasca, actually Nicolette had an experience also with a different plant. We both ingested the juice of two plants used by Shamans in South America in the Brazilian jungle. This triggered a very powerful experience for both of us. For me, I felt a great surge of energy moving through my body for one of the effects of this. I felt it was opening my chakras and I was experience life more fully. You talk about the surge, the desire and making your own decision of accepting you are part of God, but we also did use this plant. What would your perspective be on using plants such as this?

JarEl: In a round about way, I would like to say that all of life's experience is somewhat based upon plants in terms of it's consciousness, its ability to bring sunlight into your body chemistry. It's

ability to alter the chemistry of your body, food for example. Almost all mental thought and shift within the body is chemical. On some level it is cellular which is particularly chemical and encoded in the DNA sequencing within your own particular genetic inheritance, so it is not unlikely that certain substances induce certain states and certain moments and predisposition's to certain awareness' within yourself.

Don't mistake the ability of the plant and its chemistry to bring you to a place where you can then consciously make these shifts within your own mind. It is only because you have prepared yourself to make these shifts that they happen. The only thing that the chemistry does that it is more pronounced in its ability to possibly bring you into a greater focus on this. I guess what I am trying to distinguish is how much is you and how much is the plant although there is a relationship there. A person who eats very poor food and has very poor nutrition is not going to be mentally sharp and alert. Also, just because you eat the best foods and have the best lifestyle doesn't mean necessarily that you are going to be the greatest person.

What I am saying is that one does not necessary qualify the other. They can both be symbiotic. And, from what you have described, you have had a fortuitous experience.

Student: Well, more than that because both of us had set a certain intent before we ingested the plant. We had different experiences that were in line with that intent that we had set up. So that does fit in with what you're saying, is that the plant simply sets the stage.

JarEl: Yes, that you had already set up the intention and it enhanced the intention, it helped focus the intention. This is why one must be cautioned to the use of certain artificial stimulants. Though they

momentarily bring you into realms of awareness, your ability to walk the same awareness without the dimension of the plant substance brings it into a different dimension and it brings you closer to a greater ability to connect truer with the essence which dwells within you. The mind of God is much greater than any plant chemistry. It is much greater than any altering. But, there is a humbling shall we say, of the mind and

the self's ability to, in a sense crawl to this presence, to humble ourselves in the awesome and subtle dynamic of that which is the presence of God within the heart and mind of the individual. To be able to bring yourself to God in God's presence is quite powerful and quite profound. All of a sudden one day, you realize He is there, that this Spirit truly is within and you actually contact the essence of this presence within yourself. You may have this same practice continually everyday for a long time and one day something shifts because the presence is quite subtle. Do not underestimate the practice of meditation and breathing in your ability to contact this presence. Just because it give you first real access, give it some time and this will develop for you.

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