

# Presence

Your presence is made up of Spirit, Mind and Body

CLASSIFICATION			
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Teacher Elyon  
T/R Jonathan

Being embodied as you are, you are quite engulfed in the need to be in one location or another throughout your day. Much of your activity, in fact all, has a great deal to do with where you are located physically. You, are developing the fine qualities of presence of mind. You are learning to use your mental abilities; you are integrating insight, intuition, intelligence. Presence of mind enriches your experience in life; it allows you to pack your present moment with all that is worthwhile from your past and all that is valuable for your future.

As you might be suspecting, there is another presence, and that is the presence of spirit.

When you stand in the presence of others, make the effort to consciously hold in your mind the awareness that you are a son or daughter of God, even at the time when you feel most like the monkey-origins that your body has evolved from. Also, take the extra step to realize that you bring with you the Father; no matter where you are located He is present. This is true of all that you encounter in your life; everyone carries with him His indwelling presence. But I challenge you this day to become mindful of this truth, not in understood theory but in action.

It is forever well and good for you to always ask yourself the question, "What would Jesus do?" But today I encourage you to go the extra mile and ask yourself, "How would Jesus be?" As ascending mortals, we have folded up within us great potentials, and as you seek to peel back the layers of your being to discover its depths and its spirituality contained therein, know that from your center is the Father who is likewise pushing to the outside to help unfold these same layers.

When your evolution is complete and you stand in the presence of the Father on Paradise, you will reveal the presence of this same Father as your very being. You will present to Him the rewards of His will that all become perfect as He is perfect. You will reveal to the Father that which is folded up within Himself, experiential sonship.

Spiritual presence is powerful. It springs from an enlightened mind that understands that there are celestial hosts in your midst, that your environment, spiritually speaking, has the ambiance of the Spirit of Truth. This awareness will greatly guide you in your actions. Today I simply encourage you to activate, not sporadically, but continually this enlightenment in your moment-to-moment daily activities.

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