

Integration

The human personality is a spectrum much like a rainbow

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Lantarnek: Integration is a supreme process. The future of mankind depends upon the elimination of divisions that are in contention. To clarify my statement, I mean that no longer is it appropriate to view your physical, biological, and environmental status and being as in war or conflict with your spiritual, ethereal, and super-conscious being.

The entire makeup of the human personality is a spectrum much like a rainbow, where you are in higher frequency at the upper spectrums, and a lower frequency at your lower spectrums; however, these are not to be considered greater or lesser, rather they are a gradual continuum. Note that purple does blend into blue and so forth throughout the array of color. Likewise do you, from the Thought Adjuster's presence, throughout your three levels of mental states, into your biological functions, behave as does a rainbow, in harmony, in continuity.

When the Master laid his hands upon one who was infirm, the hand was not the healing power, but the hand was an integral part of that revelation of that healing. It was the connection body to body that allowed a circle, a continuous loop of energy to flow from the Father, through Michael, to his bodily form, into the vehicle of his child/friend, and therefore received into the mind and soul of this personality. Through faith they completed the connection and received from the Father through their inner spirit and healing took place.

You are aware that your environment is a cyclical pattern of ecological events, each relying on a process that incorporates a greater whole. This is true physically, planetarily, and it is equally true mentally and spiritually. There is no being who stands alone and self contained, self-accomplished. Each individual is integrated into a larger framework of function.

When you find yourself in a position where you are ministering to another individual, profoundly or simply, realize that it is a complex structure of events and choices by many individuals that has brought that particular interface into being. Take note that you are assisted with many capable beings, and also realize that your fellows have been directed likewise. Understanding this complexion of processes should forever dispel any sense of individual glory in accomplishment, that so-called "I have saved the soul of another", for you realize that you are simply a part of a greater process of ministry. To become involved in spiritual ministry means that you understand that you are one part of a grand process.

It is always beneficial, when reaching the limits of your experiential capabilities, to transfer your responsibilities of ministry to another who may be better qualified to take up the task and proceed further along in uplifting another who is in need. It is not that you have failed or reached a shortcoming. Yes, a shortcoming is good to realize for you will then focus upon this shortcoming and strengthen yourself through growth. But to transfer your ministry into the hands of another for continual bestowals of kindness and service is itself an extremely valuable method for helping your fellows.

Note that we are all a grand family; each of us is dedicated toward uplifting one another, The simple smile, the simple handshake, the compliment, and even the simple reprimand, will help one another to quicken their progress through either inspiration or correction. As a recipient of ministry in this nature, I encourage each of you to be willing to receive these corrective and inspirational inputs from your fellows, to not react hesitantly or guardedly to them but rather to file them in a temporary holding area such that you may process the value of the input and then release it into

your being as you deem it appropriate.

Do not discard the input of your fellows, for these inputs are valuable in your gaining a broader perspective of yourself than you individually may be able to attain for yourself. Yes, there may be times when these perspectives are irrelevant or erroneous, however, there may be valuable indicators in these feedbacks. You need not necessarily incorporate any one instantaneously. You may hold them in your reserves for several years before they become relevant. You will then be thankful for those comments so long ago delivered to you. If you had discarded them at the moment of their delivery you would not have benefited in the course of time that transpired since.

Jada: Along that same line of holding an inspiration in a place where we can consider it, then is it the Spirit of Truth that will help us sift through these and determine what is useful?

Lantarnek: Yes. This is quite correct. You may recognize the truth value of the comment but realize that you are not quite ready. However, because you have seen the truth, you know that in due time it will be appropriate and that you'll need to make some adjustments and allow that truth to become an active reality. You can trust this spirit indicator to reveal to you its appropriateness whether it is now or in the future.

This same spirit will likewise indicate to you whether or not you have already attained the suggested growth, but you have momentarily displayed behavior that seems to be in need of that comment because you have only let your guard down, your standard slip, or in a more accepting way, you have been in reversion. You have let yourself recreate and someone has come along and said, "You ought to..." The Spirit of Truth will be your sounding board, your eternal verifier of the value of what is presented to you.

Jada: Thanks for that. I'm trying to find out more about the Spirit of Truth.

Lantarnek: Michael is always embracing every one of his children through this truth-spirit presence. I encourage each of you to always place great value in his verifying spirit.

Within the human being is an intuitive faculty which has the ability to step through rapidly all the logical quandaries of reasoning and perceive what is appropriate and valuable instantly. However, there is always an element of doubt, for this process occurs so rapidly that the mind ends up uncertain as to whether or not the perceptions are accurate and based in reality. With this Spirit of Truth, so recently bestowed upon this world, you can be assured that your perceptions are on target.

The best method for attaining this assurance is to step within, to look to our Michael, and seek his assurance. You will then doubly compound the effect of his spirit presence around you by bringing in, not only his Spirit of Truth, but his personality that is Michael.

Jada: You talked about integration. It seems like there are two ways to think about it. You can be integrated body, mind, spirit within ourselves. Spirit connects you with everything, so we are integrated through spirit. I see integration in another sense where we're part of a big family. We are all part of an integral unit that way. I guess the connecting point is the spirit within.

Lantarnek: Yes, and you have drawn me back to repeat a point I made regarding trusting that what you provide in ministry may be taken up another in continual ministry for a particular other. Because you are part of a larger family you may begin an unfoldment of realization with an individual in need of receiving spiritual truths, and you may feel that the process is incomplete, for you have not witnessed the fulfillment of these teachings as they become enacted in another. However, there are many, many of your fellows around you who are contributing to this understanding, this enlightenment, this transforming experience.

I will offer to you one simple guideline. That is, when you encounter a hesitancy to develop (and this will not come simply in one event but over the course of several events) the ability to discern whether or not your hesitancy is because the time is not right or you are in some level of fear reluctant; and to note that difficult expressions, awkward expressions, may simply be because the time is right to confront. But I do overlay on this comment the importance of discerning the degree to which you are lovingly concerned in contrast to when you are personally feeling antagonistic or affronted. This will over time become, I use the word, instinctual. It is a developed, practical skill.

It is okay to make these mistakes step by step, for it is in this practice that you will become better able to minister in this manner. So, do not hesitate because you feel unskilled. Practice. There are many angels and teachers and this Spirit of Truth and the Father's presence, all around, who can make adjustments should you make some minor mistakes.

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