

Emotions

Human emotion is inevitable

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SOURCE: tmtranscripts teamcircuits email archive June 15, 1998.

Teacher Abraham

T/R Nina

Human emotion is inevitable and entirely natural, and yet, so connected with ego. Human emotion has many layers to uncover to find the level of logic, and beyond your own logic there are several more layers to uncover to come to the spirit. Our Master lived without regret because He had always acted upon His highest light. What would father do? Beyond anger, despair, disappointment and beyond the ego's influence, beyond human emotions, to a spirit logical response is where we find the will of God.

The life of the Master was an excellent example of spirit logic, "spirilogistics." He acted from the standpoint of His Father's will, and it at times did not run congruent with His own logical mind, but the Master in His

wisdom and magnitude of faith took to the hills for solitude and prayer. His connecting with Father aligned His logic with Father's will. It dissipated somewhat His human emotions and created a spirilogical response in all His daily tasks.

At times emotions are all you have. Even the Master had succumbed to human emotions. I mean not to convey emotions are bad or negative, no. This is simply not the place to discern Father's will and attempt to act it out. Your connection with one another strengthens your ability to act using spirilogistics. Your moments of meditation or communing with nature also aid in this method. This combination of the spiritual with logical aid in transforming your unhealthy attachments into healthful connection. Your temptation to act from a place of emotions is dissipated, not stifled or repressed, but dissipated, perhaps energy transformed. With practice, the ego is not maintaining control, but the highest light within you is shining.

Go ahead and exercise the spirilogical response. Attempt to avoid irrational actions or outburst, instead turn inward and connect with your highest light and maintain the mind-set of asking "What would Father do?"

CALVIN: I have gone through a lot these last few months. It feels like I am taking a break lately now, from the intense spiritual education. It is like a break to go fishing like the apostles did. I see a big difference in my spiritual awareness in the world, but not OF the world like before, versus now jumping back into the world and swimming, so to speak.

Emotions are like words to thought

CLASSIFICATION

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SOURCE: tmtranscripts teamcircuits email archive March 25, 2001.
Teacher Elyon

Jada: We think of ourselves as composed of body, mind, and spirit. How do emotions fit in to that?

Elyon: Emotions are like words to thought, for thought can be clarified through the construction of a string of phrases that bring meaning to light, organize thought to bring understanding. Emotions are the expression of a subtle form of thought, not thought that reveals itself in word but reveals itself through feeling. These emotions describe the source, the source/cause, of your experience. They are the effect. Emotions, like phraseology, can become confusing. The simplest are often the most telling where the overly crafted can lose the original point. This is the expressive use of emotion. But emotions are likewise indicators, as are your senses, that bring information to you that you may then work over in order to accommodate yourself better to a response that is approaching you, an experience that is approaching you in your environment. But just as words require musculature, a neural network, and hearing apparatus to be effective, so emotions are linked to your physical organism.

You know the expression that says such a person "runs on at the mouth". Emotions can likewise run on. Here is where one benefits from understanding the cause and, more importantly, recognizing the importance, the value, of particular thought or sensory triggered emotions that are now in a chemical outplay.

An emotion is as great an assistance to the upward climb of the soul as is an inspired thought when appropriately accommodated.

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